

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Roasted Vegetable,
Tomato & Chickpea
Pasta Bake & Mixed
Vegetable

Thai Chicken Curry
Served with Fragrant
Rice & Medley of Green
Vegetables

Turkey strips
spaghetti served with
mixed vegetables

Roast Chicken served
with Roast Potatoes,
Carrots, Broccoli, and
Gravy

Fish Fingers or Salmon
Fish Fingers served
with Chips, Garden
Peas or Baked Beans

MEAT FREE

Cheese & Tomato
Pinwheels Served With
Wholegrain Rice &
Mixed Vegetable

Roasted Butternut
Squash & Spinach Thai
Curry Served with
Fragrant Rice & Medley
of Green Vegetables

Vegetable spaghetti
served with mixed
vegetables

Lentil bake served with
Roast Potatoes,
Carrots, Cabbage and
Gravy

Vegetable Nuggets
served with Chips,
Garden Peas
or Baked Beans

PASTA & JACKETS

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Homemade Tomato and
Vegetable Sauce served
with Fresh Salad and
Chunky Bread

Selection of sandwiches
Served with mixed
salad

Pasta Twists with
Cheddar Cheese Sauce
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

DESSERTS

Vanilla Ice-Cream
& Fruit Sauce
Natural Yogurt & Coulis
Or
Fresh Fruit Pot

Apple & Berry Crumble
Natural Yogurt &
Coulis
Or
Fresh Fruit Pot

Apple Flapjack
Fruity Jelly
Or
Fresh Fruit Pot

Vanilla Shortbread
Biscuit
Fruit Jelly
Or
Fresh Fruit Pot

Chocolate Brownie
Fruity Jelly
Or
Fresh Fruit Pot

Please Remember, We Are a Nut Free School

Making lunchtime the **highlight** of your day

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MAIN MEAL

Margarita Pizza
Served with Baked
Potato Wedges, Peas &
Sweetcorn

Marinated
Jerk Chicken Served
With Rice & Peas, Mixed
Vegetable

Lamb Bolognese served
with pasta and mixed
vegetables

Roast Turkey served
with Roast Potatoes,
Carrots, Broccoli and
Gravy

Breaded Fish Fillet
served with Chips,
Garden Peas or Baked
Beans

MEAT FREE

Rainbow Pizza Served
with Baked Potato
Wedges, Peas &
Sweetcorn

Sweet Potato & Black
Bean Jerk Curry
Served With Rice &
Peas, Mixed Vegetable

Roasted Vegetable
Bolognese served with
pasta and mixed
vegetables

Cauliflower, Broccoli
Lentil Cheese Bake
Served with Roast
Potatoes, Carrots,
Broccoli and Gravy

Vegan Sausage Roll
served with Chips,
Garden Peas or Baked
Beans

PASTA & JACKETS

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Homemade Tomato and
Vegetable Sauce served
with Fresh Salad and
Chunky Bread

Selection of sandwiches
Served with mixed
salad

Pasta Twists with
Cheddar Cheese Sauce
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

DESSERTS

Vanilla Ice-Cream
& Fruit Sauce
Natural Yogurt & Coulis
Or
Fresh Fruit Pot

Lemon Drizzle Cake
Natural Yogurt &
Coulis
Or
Fresh Fruit Pot

Oat & Raisin Cookie
Fruity Jelly
Or
Fresh Fruit Pot

Vanilla Shortbread
Biscuit
Fruit Jelly
Or
Fresh Fruit Pot

Iced School Cake
Fruity Jelly
Or
Fresh Fruit Pot

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MAIN MEAL

Traditional Macaroni Cheese Served with Homemade Garlic & Herb Bread, Seasonal Vegetables

Turkey Tikka Served with Rice, Naan Bread Finger and Mixed vegetable

Lamb Lasagna Served with Homemade Garlic Bread & Mixed Vegetables Or Fresh Salad

Chicken Roast served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy

Fish Fingers Served with Chips, Garden Peas or Baked Beans

MEAT FREE

Moroccan Vegetable & Chickpea Tagine Served with Crusty Whole meal Bread

Vegetable Tikka Served with Rice, Naan Bread Finger and Mixed vegetable

Veg Lasagna Served with Homemade Garlic Bread & Mixed Vegetables Or Fresh Salad

vegetable pie served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy

Veg Nuggets served with Chips, Garden Peas or Baked Beans

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Selection of sandwiches Served with mixed salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Chocolate Brownie Fruity Jelly Or Fresh Fruit Pot

Toffee Apple Crumble Natural Yogurt & Coulis Or Fresh Fruit Pot

Banana & Orange Sponge Fruity Jelly Or Fresh Fruit Pot

Vanilla Ice-Cream & Fruit Sauce Natural Yogurt & Coulis Or Fresh Fruit Pot

Chocolate Oat Cake Fruity Jelly Or Fresh Fruit Pot

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